



Port St. Lucie Hospital is located on 20 acres near the beautiful Savannas Preserve and provides a tranquil retreat-like environment for our patients.

Twenty-four hour care is provided by licensed professionals.

The hospital offers varying programs dependent on individual patient needs as well as the traditional 28-day inpatient treatment program for patients with chemical dependency issues.



PORT ST. LUCIE
HOSPITAL

Medicare and most HMO's and PPO's are accepted and financial arrangements for self-pay may also be made.



PORT ST. LUCIE
HOSPITAL

2550 SE WALTON ROAD · PORT ST. LUCIE, FL 34952

PHONE: (772) 335-0400 · FAX: (772) 337-3327

WWW.PSLHOSPITAL.COM

Mental Health, Substance Abuse
and Inpatient Psychiatric Services



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Crisis care services are available for patients in acute crisis who require immediate assistance in a safe, secure and structured environment.

TREATMENT SERVICES INCLUDE:

- Group Therapy
- Family Therapy
- Medication Evaluation
- Psycho-Educational Groups
- Therapeutic Activity Groups
- Aftercare/Discharge Planning

Port St. Lucie Hospital is a Baker Act receiving facility for St. Lucie, Martin and parts of Okeechobee Counties.

DUAL DIAGNOSIS PROGRAM

The Dual Diagnosis Program at Port St. Lucie Hospital provides treatment for co-occurring chemical dependency and mental health issues in an inpatient setting. Psychiatrist lead the treatment team to assure quality patient care.

THE TREATMENT TEAM CONSISTS OF:

- An Attending Psychiatrist
- Licensed Therapists
- Psychiatric Nurses
- Mental Health Technicians
- Medical Consultants

Our patients meet with members of their treatment team at least three times weekly to ensure the best possible treatment for the individual's own specific needs.

The treatment team works with each individual to develop an individualized treatment plan. The treatment plan is reviewed and revised by the treatment team and the patient at least once per week.

The attending psychiatrist closely supervises medication management.

The program provides mental health and addiction education classes to meet each patient's specific needs and group therapies on a daily basis. Individual and family therapies are highly encouraged and are provided by our therapists.

SERVICES INCLUDE:

- Psychiatric Assessment
- Detoxification
- Individual and Group Psychotherapy
- Medication Management
- Family Therapy
- Illness Education
- Psychological Testing - (Per doctor's orders)
- Psycho-education groups
- Links to community based services

THE PROGRAM ALSO INCLUDES GROUPS FOCUSING ON:

- The 12-Steps
- Relapse Prevention
- Chemical Dependency Education
- Spirituality (as you believe it to be)

WE ALSO PROVIDE:

- Activity Therapy
- Out Door Recreation
- Step-work and Journaling Exercises
(For self-examination)

Family members, physicians, clinicians, community agencies, ministers, and the judicial system can make referrals. Self-referrals are always welcome. Programs are designed for individuals who are exhibiting one or more of the following symptoms:

- Inability to concentrate
- Wandering or confusion about surroundings
- Loss of appetite
- Increased anxiety
- Relationship crisis
- Agitation

To get help or to speak with a crisis care coordinator, call **(772) 335-0400** or to learn more, please visit:

WWW.PSLHOSPITAL.COM



The Treasure Coast's Psychiatric & Substance Abuse Center for Treatment